

# ANNOUNCEMENTS

ZION LUTHERAN CHURCH  
Twelfth Sunday After Pentecost  
August 11, 2024

Email: [zion@zionlutheransf.com](mailto:zion@zionlutheransf.com)  
Radio Broadcast: KXRB 1400 AM/100.1 FM at 10:05 am

Phone: 605-338-5226

Website: [www.zionlutheransf.com](http://www.zionlutheransf.com)  
Facebook: Zion Lutheran Sioux Falls

**AS WE GATHER:** By comparing himself to bread, Jesus makes himself as necessary to us as the food we eat. He is our food, enabling us to live our life's call, to be alive, our source of spiritual energy when exhausted, our consolation when we are troubled, our strength when we are weak. Jesus, the bread of life, sustains us and restores our vigor and exhausted energies. Our search for material bread continues... the desire for more increases even as we have a lot of bread. The present bread does not fulfill our hunger or quench our thirst, but that which Jesus gives does.



**THE FLOWERS ON THE ALTAR** this morning are given by Ed and Mary Dunlap in honor of their 47th wedding anniversary. We congratulate Ed and Mary on their special day and thank them for providing the flowers for our services today.

**CRAFT SALE:** The Ruth Guild will hold its Craft and Book Sale in September. Please finish up your projects and bring them to church starting this Saturday, from 1-3 or to the office during business hours.

**DAY OF DOING** Bring your craft projects to work on and enjoy some fellowship this Saturday from 1-4 in the Atrium. Everyone is welcome!

**BROWN BOX BLESSINGS** Families in Faith is asking you to help provide school supplies to teachers, administrators and staff members in our congregation. A list of needed items is on the "Welcome Board" today. Pick up the supplies this week and bring them to church next Sunday. We will put the boxes together and also have a potluck following the late service to kick off the start of the school year!

**BRING YOUR BACKPACKS!** All students and teachers are invited to bring their backpacks to worship on Sunday, August 18th. Each backpack will receive a special blessing to start the school year.

**IF:Sioux Falls** is coming to Zion in November. It is a Women's Conference led by a group of women here at Zion. Tickets are on sale now for our members. There are flyers/posters up around the church for more information.

**DID YOU KNOW...** Zion Lutheran Church has more than 20 different ministries that would love to have you as a volunteer. The Banquet is led by Lori Brunick. ([rbrunick@sio.midco.net](mailto:rbrunick@sio.midco.net)) The next meal we will serve is supper at the West side facility on Monday, Oct. 14th. If you love getting lost in a good book—contact Illa Biteler ([dibiteler@hotmail.com](mailto:dibiteler@hotmail.com)) and she will get you set up as a member of Zion's Book Club. It meets the second Saturday of the month. And the Zion Lutheran Choir will soon be singing again. Contact Maxine Farden to add your voice to our choir this fall. ([mmfarden@gmail.com](mailto:mmfarden@gmail.com))

**THE RUTH GUILD LWML** has boxed and individual cards for sale in the Atrium. The payment box is on the wall next to the card rack. They have a new selection of cards for a variety of occasions.

**SIoux FALLS AREA MAIN STREET LIVING CHOIR** We are planning to resume the Sioux Falls Area Main Street Living Choir this fall. We will gather in the Sanctuary here at Zion Lutheran, under the direction of Rev. Howard Shane. Please prayerfully consider becoming a member of this Choir as we join our voices together for the Main Street Living Worship Services. If interested, please contact Maxine Farden ([mmfarden@gmail.com](mailto:mmfarden@gmail.com)) for more information regarding this Choir.

## TOWER OF BABEL



Arrogance Babylon Caution Challenge Communication Confusion  
 Construction Culture Diverse Divide Doomed Heaven Hubris  
 Language Lesson Pride Punishment Reach Rebellion Scatter  
 Scripture Sky Story Tower Translate Unity Warning

**Citrus Fruits**

**Vitamins**  
 Vitamin C, B, thiamin, niacin

**Minerals**  
 potassium, calcium, magnesium, phosphorus

**Fiber**  
 can help lower risk of heart disease

**Natural Sugars**

ZION LUTHERAN Parish Nursing



## CUCUMBERS



- Increase hydration
- Strengthen bones
- Promote gut health

- Help manage blood sugar and weight
- Protect against cancer
- Improve heart health



*(Cleveland Clinic, 2023)*