

ANNOUNCEMENTS

ZION LUTHERAN CHURCH
Eleventh Sunday After Pentecost
August 4, 2024

Email: zion@zionlutheransf.com
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AS WE GATHER:

The bread we bake in our homes or buy from the store is good for today. But by tomorrow, it may be gone. The gifts we receive in this world satisfy us for a moment; however, the gifts we receive in the promised treasures of God's Word are gifts that are eternal. When Jesus describes Himself in John 6 as the bread of life, we know that He highlights for us His mission of salvation. As our bread of life, Jesus comes to forgive us, renew us, and lead us toward a meaningful life in relationship with Him. Let us taste and experience that life together this day as the Holy Spirit calls us to walk with Jesus and be satisfied by His presence among us.



CONFIRMATION PARENT MEETING

TONIGHT at 7pm. This is for parents of all 8th grade confirmands.

REV IT UP! It's Youth night at Thunder Road on Wednesday, from 7-9PM. Sign up at the Welcome Wall!

BRING YOUR BACKPACKS! All students and teachers are invited to bring their backpacks to worship on Sunday, August 18th. Each backpack will receive a special blessing to start the school year.

CRAFT SALE: The Ruth Guild will hold it's Craft and Book Sale in September. Please finish up your projects and bring them to church starting Saturday, Aug. 17th from 1-3 pm or to the office during business hours. Contact Tammie Schultz at tkays.ts@gmail.com or 605-929-9300 if you have any questions.

ZION'S BOOK CLUB will meet Saturday at 9:30 in the conference room. They are reading, "The Miniaturist: A Novel" by Jessie Burton. It's set in seventeenth century Amsterdam. A young bride receives a mysterious dollhouse replica of her new home as a wedding gift, and it starts to reveal dark secrets about her new family.

THE FLOWERS ON THE ALTAR this morning are given by Brian and Suze Frentz in honor of their 17th wedding anniversary.

We congratulate Brian and Suze on their special day and thank them for providing the flowers for our services today.

HAVE YOU LOST SOMEONE SPECIAL?

Grief expert, Dr. Mark Vandebraak will have some suggestions on how to process these emotions. Join us in the Zion conference room on Saturday, August 17th from 1-3pm. RSVP to Nurse Rachel by August 8th.

SHARE YOUR HARVEST Now that your garden is starting to overflow with tomatoes, zucchini and other veggies— bring them to share with your church family! A table is set up in the atrium to take those extra green beans or cucumbers. And if you don't have a garden, stop by and enjoy your favorites!

GET MOVING! When was the last time you were in one of South Dakota's state parks? See Nurse Rachel for an extra incentive to get outside and explore!

SAVE THE DATE of September 22 for a German Sausage Feed here at Zion Lutheran Church. It will run from 4-7 PM with proceeds going to the Sioux Falls Lutheran School.

IF:Sioux Falls is coming to Zion in November. It is a Women's Conference led by a group of women here at Zion. Tickets are on sale now for our members. There are flyers/posters up around the church for more information.

Twelve Tribes of Israel



Asher, Benjamin, Dan, Gad, Issachar, Joseph, Judah, Levi, Naphtali, Reuben, Simeon, Zebulun

August
National
Wellness Month

Re-focus on your

Physical Health


Mental Health


Spiritual Health


Need a little extra encouragement?

See Parish Nurse
Rachel



Beat the Heat

- Wear loose, lightweight clothing
- Wear sunscreen to prevent sunburns
- Take it easy during the hottest parts of the day
- Drink plenty of fluids
- Be careful with certain medications



Symptoms of Heat Exhaustion

- Cool, moist skin when in the heat
- Faintness, Dizziness, Fatigue
- Weak, rapid pulse
- Muscle cramps, nausea, headache

Seek Medical Attention

(Mayo Clinic, 2024)