

ANNOUNCEMENTS

ZION LUTHERAN CHURCH
Third Sunday After Pentecost
June 9, 2024

Email: zion@zionlutheransf.com

Phone: 605-338-5226

Website: www.zionlutheransf.com

Radio Broadcast: KXRB 1400 AM/100.1 FM at 10:05 am

Facebook: Zion Lutheran Sioux Falls

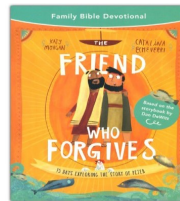
AS WE GATHER:

Blood is thicker than water. Sometimes this phrase is used to show that family ties are stronger than the ones you make among friends. While earthly family relationships are important, in today's Gospel, Jesus teaches that our relationships to God and His family of faith are of even greater importance. We have been made brothers and sisters in Christ through a different, more precious blood—the blood of Jesus shed for us on the cross. Relationships made possible through His blood last for all eternity. While we honor our families, we give greater honor to the One who made us a part of His family. Thank You, Lord, for the privilege of being called Your sons and daughters!



Annual
Diaper Derby
**This week's
Count: 4,256**
**Runs Through Father's
Day**

THE FLOWERS ON THE ALTAR this morning are given by Don and Eileen Sturzenbecher in honor of Don's 75 birthday. We thank the Sturzenbechers for providing the flowers for our services today.



**YOUTH SUMMER
SUNDAY SCHOOL
TODAY!**

ATTENTION GREETERS—We will soon be updating the GREETER SCHEDULE for July through December. If you are currently on the Greeter Schedule and wish to be removed- NOW is the time. If you wish to be added to the Greeter Schedule - NOW is the time. Please let Maxine know your wishes today!

Tuesday



5:30 pm - Atrium

**SUMMER MEN'S
BIBLE STUDY**

**KING DAVID
and the
Psalms**

Tuesdays
7 AM - Bagel Boy
Noon - Zion

Contact Jacob or Pastor Grams
for more information



**Wednesday August 7th
Shot Gun Start @ 8am**

**Dr. Vaughn & JoAnn Meyer
Memorial Golf Tournament**



**Wednesday
Youth Night
6:30-8:00**

**Camp Minneboji
June 16-22**

All About Moses



AARON, BASKET, BURNING BUSH, COMMANDMENTS, EGYPT, EXODUS, HEBREW, ISRAELITES, JEWISH, MIDIAN, MOSES, MOUNT SINAI, NILE, PARTED, PASSOVER, PHARAOH, PLAGUE, PROMISED LAND, PROPHET, RED SEA, REEDS, SHEPHERD, SLAVERY, STAFF, TORAH, WILDERNESS, ZIPPORAH



Summer Snack

No-Bake Energy Bites

Servings 24

- | | |
|--|----------------------------|
| 1 cup rolled oats | 1/2 cup peanut butter |
| 1/2 cup mini semisweet chocolate chips | 1/3 cup honey |
| 1/2 cup ground flax seed | 1 teaspoon vanilla extract |

Directions:

Stir oats, chocolate chips, flax seed, peanut butter, honey, and vanilla extract together in a bowl. Roll dough into 24 balls. ENJOY!

See Nurse Rachel for Nutrition Information



One medium
Tomato

23 calories

5 grams of
carbohydrates

1 gram of protein

1.5 grams of fiber

17 grams of
vitamin C

10 micrograms of
vitamin K

296 milligrams of
potassium

ZION LUTHERAN
Parish
Nursing

SUMMER CHALLENGE

JUNE

COMPLETE CHALLENGES INDIVIDUALLY OR AS A FAMILY
SUBMIT ONE SHEET EACH WEEK

One point for each of the following:

- Pray before a meal
- Read Psalm 23
- Memorize a Bible verse
- Pray for a missionary
- Attend church in person
- Offer to bring someone to church

- Count the stars
- Call/Text a church friend
- Eat outside
- Make a healthy snack
- Smell a fresh flower
- Pray for someone who helped you today

- Go for a walk
- Eat 2 cups of veggies today
- Drink 8 glasses of water today
- Visit a new park
- Eat 3 meals a day
- Put on sunscreen

Name: _____

TOTAL POINTS: _____