

ZION PARISH NURSING

Zion Lutheran Walking Path

#1

6 laps = 1 mile



- **START AT THE WELCOME CENTER**
- **WALK SANCTUARY: UP THE LEFT SIDE, DOWN THE CENTER, UP THE RIGHT AISLE**
- **WALK UP THE RAMP TO THE OFFICE, BACK TO ATRIUM**
- **WALK BY THE KITCHEN, PAST THE PIANO, ALONG THE ATRIUM WINDOWS AND BACK TO THE WELCOME CENTER**

Do you know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.

~Corinthians 6:19-20

ZION PARISH NURSING

Zion Lutheran Walking Path #2

4 laps = 1 mile



- **START AT THE WELCOME CENTER**
- **WALK SANCTUARY: UP THE LEFT SIDE, DOWN THE CENTER, UP THE RIGHT**
- **WALK UP THE RAMP TO THE OFFICE, THEN DOWN THE STEPS TO THE YOUTH ROOM, BACK TO THE ATRIUM**
- **WALK BY THE KITCHEN, PAST THE PIANO, ALONG THE ATRIUM WINDOWS AND BACK TO THE WELCOME CENTER**

Do you know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.

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