



STAND STRONG

Falls Prevention Program

Most people are aware that the risk for falling increases with age. However, did you know?

- 1 in 4 people 65 and older fall each year
- More than 95% of hip fractures are caused by older adult falls
- Every 20 minutes in the U.S. an older adult dies as a result of a fall
- This does not need to be YOU or your loved one!

Falls Are Preventable

Join us to discover if you are at risk for a fall and how to keep on **Standing Strong**

Contact:



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